Her Futures
Her Vision • Voice • Way

November 2026

NEWSLETTER

A word from our chair

October was a time of change and celebration across the Her Futures Foundation programs and the Women's Business Hub!

On 1 October 2026, Women's Business 2nd Chance evolved into Her Futures Foundation- Women's Business Hub.

While our name and brand have changed, our purpose remains the same: empowering women, creating opportunities, and supporting brighter futures for individuals, families, and communities.

This transition reflects our vision for growth, impact, and sustainability. It honours the legacy of Women's Business 2nd Chance while positioning us to expand our reach and strengthen the work we do across communities.

Our social media channels, website, and communications have all transitioned to the Her Futures Foundation brand. We invite you to join us on this journey and continue supporting the life-changing work that has always been at the heart of our organisation.

The Her Futures Foundation, is a not-for-profit, Deductible Gift Recipient (DGR) registered organisation dedicated to the empowering the lives of First Nations Women through employment, education, enterprise, and cultural and social support.



Thank you to our staff, partners, supporters, aspirants and communities who have walked alongside us. Together, we are building a future where every woman has the opportunity to thrive. Welcome to Her Futures Foundation

Christianna Cartwright
Chair, Her Futures Foundation
CEO Real Futures Pty Ltd

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Her Futures Foundation

A month of growth and celebration

October was an exciting and eventful month for Her Futures Foundation. We rebranded our sites and social media channels, activated new fundraising platforms, finalised our website, and celebrated the graduation of more than 40 women from our programs.

We also welcomed new team members and reconnected with valued friends and supporters across our sites and at community events.

Coming Up in November

November is shaping up to be another busy month at the Women's Business Hub. You will find us at a range of community events and holding a number of interesting and empowering programs at the Women's Business Hub in Rooty Hill, so please come by and have a yarn with our team.

Strong Women, Proud Role Models

We are refreshing the Strong Women, Proud Role Models program with Janice from Sydney Community College. Participants will explore:

- Dreaming big and turning plans into action
- Mind and body wellbeing
- Decision-making
- Legal and social rights
- Speaking up and advocating for yourself
- Financial literacy

New Eastern Suburbs Outreach Service

Thanks to the support and partnership of the South Sydney Rabbitohs, we will begin delivering satellite services for our sistas in Sydney's Eastern Suburbs.

- **Location:** Reg Richardson AO Training & Learning Centre ,Chalmers Street, Redfern Oval
- **When:** Every Wednesday, 10:00 am–3:00 pm from 28 November 2026

Join a Program or Speak with Our Team

To join a program or make an appointment with a team member:

Visit our Contact Us page www.herfutures.org.au

Call us on 02 7209 1905

Wellbeing Program- more than a graduation

Lauren Davies- Program Coordinator

On 13 October 2026, we celebrated a very special milestone as 35 women graduated from Programs 7 and 8 of the Her Futures Wellbeing Program in the Taree community.

Every participant came into the program with her own story, her own challenges and her own reasons for wanting something to change. Over the 12 weeks, I had the privilege of watching women challenge themselves, build confidence, form connections and begin prioritising their own health and wellbeing.

The Wellbeing Program has always been about more than exercise. It is about helping women recognise their worth, understand that they deserve to invest in themselves, and realise that positive change is possible no matter where they are starting from.

Programs 7 and 8 brought women together through fitness, wellbeing workshops, personal training, cultural activities and opportunities to connect with local services. From circuit training, boxing and aqua sessions to weaving, language, nutrition and budgeting workshops, each part of the program provided opportunities for women to learn, grow and support one another.

One of the most rewarding parts of my role is seeing women encourage each other, celebrate each other's achievements and develop friendships along the way. The program has brought families together, participating and supporting each other on their journeys.

The graduation was a celebration not only of completing the program, but of the commitment, resilience and personal achievements of every woman who took part.

I know that personal growth does not stop when a program finishes. For some women, the 12 weeks have been the beginning of a much bigger journey towards better health, improved confidence, stronger family connections and a more positive future.

We have seen women make changes to their routines, become more active, reconnect with family, build supportive relationships and take steps towards goals they may not have previously believed were possible. Every woman's journey has been different, and that is something worth celebrating.

I am particularly proud of the women who continued to attend fitness sessions, supported their peers and made their wellbeing a priority, even while managing the many responsibilities and challenges that life brings.

For me, the real success of the Her Futures Foundation Wellbeing Program is not simply seeing women graduate. It is seeing women begin to believe in themselves, invest in their own wellbeing and recognise that a better future is possible for them and their families.



I'd recommend get out, do it. It's the best thing I've probably done in the last 12 weeks. It's one of the things I enjoyed about going every day doing something.- Abby

2027 programs are open for EOI
See last page for QR Code

Strong Women Smart Skills Graduation

Phoebe Naden-Dolar - Reach Out Officer, Women's Business Hub Rooty Hill

The Strong Women, Smart Skills Program (Administration) celebrated the achievements of its aspirants at a graduation's ceremony held on Friday, 16 October 2026.

The event recognized the aspirant's commitment, hard work and progress throughout the program and was attended by over 40 family and friends as well as partner organisations and sponsors of the Her Futures Foundation.

I coordinated and ran the program over the 10 weeks where aspirants undertook units of nationally recognised training as well as participating in work placements with partnering employers.

It was wonderful to watch the ladies blossom during this time as they overcame their fears, pushed their boundaries, laughed, learned and grew together.

Graduation was an opportunity to celebrate the aspirant's accomplishments and acknowledge their dedication to developing their skills and building confidence for the future.

The event marked an important milestone for the graduates and celebrated the positive impact of the program in supporting women to grow, learn and work towards their goals.

Congratulations to all the graduates on their achievements!



The next Strong Women, Smart Skills program starts in February 2027 and registrations are already open.

Please contact Phoebe on 0436 329 295 or phoebe.naden-dolar@herfutures.org.au for more information
Or contact the Women's Business Hub on 02 7209 1905, enquiries@herfutures.org.au or via our Contact us form at www.herfutures.org.au

Staff Profile

Julie Love - Reach Out Officer, Women's Business Hub Rooty Hill

I am a proud Dharawal and Dharug woman who is passionate about supporting Aboriginal women to achieve their goals through employment, training, and personal development opportunities. Through culturally safe mentoring, outreach, and individual support, I help women build confidence, overcome barriers, and take positive steps towards brighter futures.

In my role with Her Futures, I work alongside women to identify their strengths, explore education, and career pathways, connect with services and develop the skills needed to achieve sustainable employment and personal success. I am committed to creating opportunities that celebrate Aboriginal excellence, empower women, and strengthen communities.

It is a privilege to walk alongside each woman on her journey and support her to realise her potential and achieve meaningful outcomes.



To join a program or make an appointment with Julie, give her a call on 0477 333 226 or visit our Contact Us page www.herfutures.org.au
Call the Women's Business Hub on 02 7209 1905

Ways that you can support the Her Futures Foundation

The Her Futures Foundation is a registered Charity with Deductable Gift Recipient status (which means you can claim your donations to us over $2 on your tax)
Our website has been updated and we can now accept donations https://herfutures.org.au/donate/



South Sydney Rabbitohs Signed Jersey Raffle

November 1 we will launch a raffle for a signed jersey generously donated by the South Sydney Rabbitohs, with proceeds supporting Her Futures Foundation.

Purchase tickets:
https://rafflelink.com/r/her-futures-foundation/rabbitohs-jersey-her-futures

Return and Earn

When you are recycling your bottles and cans- please think of us! Your small change can go a long way towards helping us deliver programs and services to First Nations women.



For more information or to register for the any of our programs call the Women's Business Hub on 02 7209 1905, email enquiries@herfutures.org.au or use our Contact Us Form at www.herfutures.org.au/contact

Oh...and don't forget we are a Work Development Order Sponsor.. so doing courses with us could help reduce your fines!!!

Make 2026 your year to join one of our programs

November Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4 10-3 South Sydney Outreach Rabbitohs Reg Richardson AO Training & Learning Centre Chalmers Street, Redfern Oval	5	6 Sydney Regional Aboriginal Corporation 30 years of Community, Culture & Connection 10am-2pm Charlie Lowles Leisure Centre, Emerton
9	10	11 10-3 South Sydney Outreach Rabbitohs Reg Richardson AO Training & Learning Centre Chalmers Street, Redfern Oval	12	13
16	17 10- 12 Get Ready Program Day 1 Women's BSuiness Hub	18 10-3 South Sydney Outreach Rabbitohs Reg Richardson AO Training & Learning Centre Chalmers Street, Redfern Oval	19 10-12 Christmas Crafts Women's Business Hub 3-5pm Christmas Crafts Women's Business Hub	10-12 Christmas Crafts Women's Business Hub
23 9.30-2.30 Srong Women, Proud Role Models Women's Business Hub	24 10- 12 Get Ready Program Day 2 Women's BSuiness Hub	25 10-3 South Sydney Outreach Rabbitohs Reg Richardson AO Training & Learning Centre Chalmers Street, Redfern Oval	26 10-12 Christmas Crafts Women's Business Hub 3-5pm Christmas Crafts Women's Business Hub	27
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COMING SOON!!!

For more information or to register for the any programs call the Women's Business Hub on 02 7209 1905, email enquiries@herfutures.org.au or use our Contact Us Form at www.herfutures.org.au/contact

Course EOI's

- Strong Women Smart Skills 2027

- Wellbeing Program 2027

- South Sydney Outreach

- Our website for Contact Us, Program information and Donations

Women's Business Hub
83 Rooty Hill Rd, Rooty Hill NSW 2766